



## 20<sup>th</sup> INTERNATIONAL SUMMER SCHOOL IN HEALTH PROMOTION



*Interprofessional education and collaborative practice in health  
promotion*

**15<sup>th</sup>-19<sup>th</sup> May 2023**  
**Poznań, Poland**



International Summer School



**Dear Summer School Participants,**

we would like to welcome you to the jubilee 20<sup>th</sup> International Summer School of Health Promotion, which takes place for the sixth time at the Poznan University of Medical Sciences in Poznan, Poland from **May 15<sup>th</sup> to May 19<sup>th</sup> 2023**.

The Summer School is organized in collaboration with

- Esslingen University of Applied Sciences, Germany
- Fontys University of Applied Sciences Tilburg, the Netherlands
- Hannover University of Applied Sciences and Arts, Germany
- Howest University of Applied Sciences, Belgium
- University of Balearic Islands, Palma de Mallorca, Spain
- Transilvania University of Braşov, Romania

This year's topic is:

## *Interprofessional education and collaborative practice in health promotion*



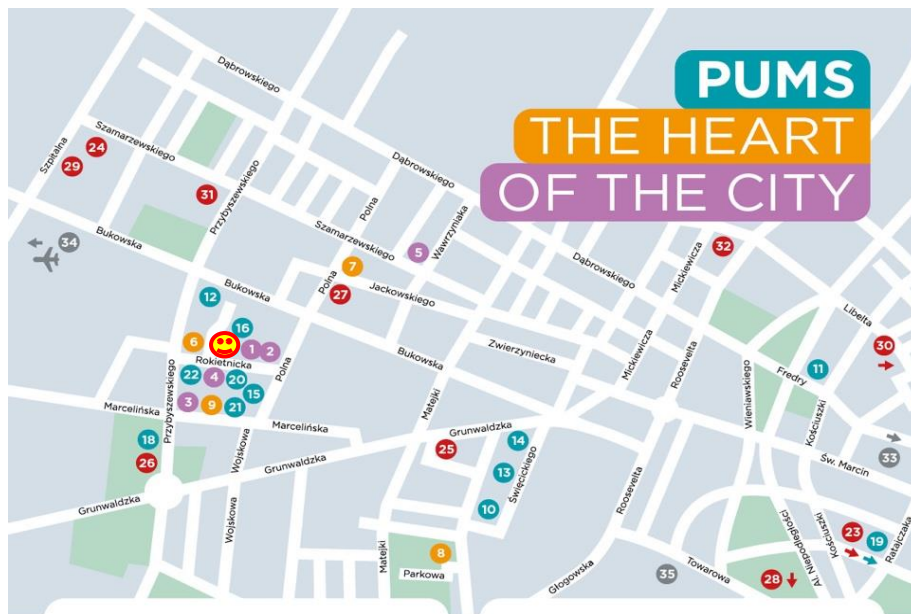
We are looking forward to interesting student's and teacher's presentations and workshops, and hope that we will all have an inspiring and pleasant week together.

If you have any questions, please contact the organization team.

Best wishes,

PUMS Team: dr. Ewelina Chawłowska, prof. Jan Domaradzki, Maria Adamska, Wanessa Błaszkievicz, Adrianna Bochniak, Julia Gandurska, Ilona Kowalska, Aleksandra Kurowska, Marcin Michalak, Amelia Młynarkiewicz, Grzegorz Ochman, Aleksandra Plonkowska, Alicja Stępnik





#### DORMITORIES

- 1 Aspirynka Dormitory - 6 Rokietnicka St.
- 2 Medyk Dormitory - 4 Rokietnicka St.
- 3 Eskulap Dormitory - 39 Przybyszewskiego St.
- 4 Karolek Dormitory - 5E Rokietnicka St.
- 5 Wawrzynek Dormitory - 23/25 Wawrzyńska St.

#### ADMINISTRATION, LIBRARY & SPORTS

- 6 Library-Congress Center - 37A Przybyszewskiego St.
- 7 Center for Medical Education in English (Dean's Office) - 41 Jackowskiego St.
- 7 Admissions & Promotion Office - 41 Jackowskiego St.
- 8 Examination Center - 2 Parkowa St.
- 9 University Sports Center - 25 Marcelesińska St.

#### TEACHING - BASIC SCIENCES

- 10 Collegium Anatomicum - 6 Święcickiego St.
- 11 Collegium Maius - 10 Fredry St.
- 12 Collegium Stomatologicum - 70 Bukowska St.
- 13 Collegium Chmiela - 4 Święcickiego St.
- 14 Collegium Chemicum - 6 Grunwaldzka St.
- 15 Collegium Pharmaceuticum - 3 Rokietnicka St.
- 16 Collegium Humanum - 10 Rokietnicka St.
- 16 Medical Biology Center - 8 Rokietnicka St.
- 16 Department of Clinical Pathomorphology - 49 Przybyszewskiego St. (part of the hospital)
- 19 Department of Anesthesiology and Intensive Care, and Chair and Department of Pharmaceutical Botany - 14 św. Marii Magdaleny St.
- 20 Department of Cell Biology - 5D Rokietnicka St.
- 21 Department of Foreign Language Teaching - 27 Marcelesińska St.
- 22 Medical Simulation Center (Collegium Wrzoska) - 7 Rokietnicka St.

#### TEACHING - CLINICAL SCIENCES

- 23 PUMS Heliodor Święcicki Clinical Hospital - Branch at 1/2 Długa St.
- 24 PUMS Heliodor Święcicki Clinical Hospital - Branch at 52/54 Szamarzewskiego St.
- 25 PUMS Heliodor Święcicki Clinical Hospital - Branch at 16/18 Grunwaldzka St.
- 26 PUMS Heliodor Święcicki Clinical Hospital and Family Medicine Outpatient Clinic - Branch at 49 Przybyszewskiego St.
- 27 PUMS Gynecological and Obstetric Clinical Hospital - 33 Polna St.
- 28 PUMS Wiktor Dega Orthopedic and Rehabilitation Clinical Hospital - No. 135/137 "28 Czerwca 1956 r." St.
- 29 PUMS Karol Jonscher Clinical Children's Hospital and Psychiatry Department - 27/33 Szpitalna St.
- 30 Jozef Strus City General Hospital - 3 Szwajcarska St.
- 31 Wielkopolska Center for Pulmonology and Thoracic Surgery - 62 Szamarzewskiego St.
- 32 Franciszek Raszeja City Hospital - 2 Mickiewicza St.

#### OTHER


- 33 The Old Market Square - Stary Rynek
- 34 Ławica International Airport - 285 Bukowska St.
- 35 Poznań Main Railway Station - 2 Dworcowa St.



**PUMS** | POZNAŃ UNIVERSITY OF MEDICAL SCIENCES

Day 1. MONDAY 15.05.2023		
Venue: Medical Biology Centre, 8 Rokietnicka Street in Poznan, room 1010 (ground floor)		
Till 13:00 Arriving to PUMS		
Chair: Dr Ewelina Chawłowska and Prof. Jan Domaradzki		
13.00-13.30	Welcome ceremony. Opening words	Welcome by Rectors of PUMS and Deans of the Faculty of Health Sciences, PUMS
		Welcome by the Team PUMS
13.30-14.00		<i>International Summer School in Health Promotion: From idea to practice. 20 years of experience</i> Dr Ewelina Chawłowska and Prof. Jan Domaradzki
14.00-15.00	Get to Know Games and short presentation of participants (1h) <i>Culture and traditions in health promotion in your country</i> Presentations on regarding Health Promotion in participating countries (à 15 min per group)	Maria Adamska, Wanessa Błaszkiwicz, Adrianna Bochniak, Julia Gandurska, Ilona Kowalska, Aleksandra Kurowska, Marcin Michalak, Amelia Młynarkiewicz, Grzegorz Ochman, Aleksandra Plonkowska, Alicja Stępnik Poznan University of Medical Sciences
15.00-15.15	 Coffee Break	
15.15-16.45	<i>Campus tour - hare and hounds game.</i> Field game and walk through the PUMS Campus in groups (1.5h)	Maria Adamska, Wanessa Błaszkiwicz, Adrianna Bochniak, Julia Gandurska, Ilona Kowalska, Aleksandra Kurowska, Marcin Michalak, Amelia Młynarkiewicz, Grzegorz Ochman, Aleksandra Plonkowska, Alicja Stępnik
16.45-19.00	Welcome barbecue at the PUMS' campus	
Day 2. TUESDAY 16.05.2023		
Venue: Medical Biology Centre, 8 Rokietnicka Street in Poznan, room 1010 (ground floor)		
Chair: Dr. Jesús Molina Mula and Dra Elisa Bosch Donate		
9:00-9:15	<i>Interdisciplinary collaboration in patient education</i> (15 min.)	Dr Monika Karasiewicz, Dr Agnieszka Lipiak, Dr Ewelina Chawłowska Poznan University of Medical Sciences
9:15-10:00	<i>An accessible exercise session with focus on team building</i> (45 min.)	Eline Bultje, Anouk De Borger, Emma Kerwyn, Britt Pichal, Florian Van Achte and Aurélie Van Bulck Howest University of Applied Sciences, Belgium
10:00-11:30	<i>Self-care, health and medical skills</i> (workshop, 1.5h)	The International Federation of Medical Students' Associations (IFMSA)
11:30-11:45	 Coffee Break	
Chair: Prof. Vicky Kolovou and Prof. Mathias Bonse-Rohmann		
11:45-12:15	<i>Interprofessional collaboration in a German psychiatric unit: The case of Mona</i> (workshop 30 min)	Albert Hesse, Charlotte Brunzema, Lea-Franka Sarrazin Hannover University of Applied Sciences and Arts, Germany
12:15-12:35	<i>Coordinated care - a pathway for collaboration among multiple healthcare professionals</i> (20 min)	Aleksandra Kurowska and Alicja Stępnik Poznan University of Medical Sciences
12:35-13:00	<i>Once upon a time... A day at the Emergency Room</i> (workshop, 30 minutes)	Maria Egea, Aina Palmer, Javier Negre and Nai Martínez University of Balearic Islands, Palma de Mallorca, Spain
13:00-14:00	 Lunch break	
Chair: Mrs. Mücan Benli, Mr. Johan de Jong and Mrs. Karin van Korven-Snoeren		
14:00-14:30	<i>What if...? Jorge's admission in Pediatrics</i> (workshop, 30 min.)	Carmen Castell, Marina Penagos, Camila García and Daniel Campoy University of Balearic Islands, Palma de Mallorca, Spain
14:30-14:50	<i>Swift work and sleeping disorders</i> (20 min.)	Lea Kafrouni and Reckow Hannah-Marie Hannover University of Applied Sciences and Arts, Germany
14:50-15:10	<i>Young and Resilient: Strengthening Resilience in Youth</i> (20 min.)	Corina Kop, Jaimy Schaap, Jeanet Berman, Joyce van Loon Fontys University of Applied Sciences, Tilburg, Netherlands
15:10-15:30	<i>Mental well-being amongst students of Fontys (in compare to other Foreign Universities)</i> (20 min.)	Marieke Vriens, Noortje Verhees, Lianne Wirtz, Anouk van der Sluijs Fontys University of Applied Sciences, Tilburg, Netherlands
15:30-17:00	<i>Network North – Network of health promoting universities</i>	Prof. Mathias Bonse-Rohmann, Prof. Vasiliki Kolovou and Tamara Arutyunants

	First research conference for teachers and Summer School coordinators	
<b>Day 3. WEDNESDAY 17.05.2023</b>		
Venue: Medical Biology Centre, 8 Rokietnicka Street in Poznan, room 1010 (ground floor)		
<b>Chair: Prof. Norma Huss and Prof. Lotte Kaba-Schönstein</b>		
9.00-12.30	Workshops in PUMS Medical Simulation Centre	Dr Marek Dąbrowski Medical Simulation Centre Poznan University of Medical Sciences
<b>12.30-13.30</b>	<b>Lunch break</b> 	
13.30-15:00	Health promotion in practice: University Sports Day    	
19.00	Dinner for Summer School Teachers	<i>Zielona Weranda</i> ul. Ignacego Paderewskiego 7, 61-770 Poznań
<b>Day 4. THURSDAY 18.05.2023</b>		
Venue: Medical Biology Centre, 8 Rokietnicka Street in Poznan, room 2008 (1 floor)		
<b>Chair: Prof. Petra Wihofszky and Prof. Reinhold Wolke</b>		
9:00-9:30	<i>The Health Service Supply Chain and its Influence on Climate Change</i> (30 min.)	Prof. Norma Huss Esslingen University of Applied Sciences, Germany
9:30-9:50	<i>The importance of networking in health projects</i> (20 min.)	Linde Bosman, Luna Clarysse and Gersende Sobiecki HoWest, Hogeschool West-Vlaanderen, University of Applied Sciences, Belgium
9:50-10:05	<i>Homeless people and health promotion</i> (15 min.)	Laura Kramer Hannover University of Applied Sciences and Arts, Germany
10:05-10:20	<i>Voice hygiene for health professions</i> (15 min.)	Anna Von Blomberg Hannover University of Applied Sciences and Arts, Germany
<b>10:20-10:35</b>	<b>Coffee break</b> 	
<b>Chair: Prof. Vicky Kolovou and Prof. Mathias Bonse-Rohmann</b>		
10:35-10:55	<i>The practice of interprofessional cooperation in relation to effective sex education in Poland</i> (20 min.)	Julia Gandurska, Błaszkiwicz Wanessa, Ochman Grzegorz, Poznan University of Medical Sciences
10:55-11:10	<i>'Take a break! Breaks for nurses in night swift</i> (15 min.)	Bauerdick Nina Hannover University of Applied Sciences and Arts, Germany
11:10-11:30	<i>Cooperation between medical professions in the physiotherapy</i> (20 min.)	Ilona Kowalska Poznan University of Medical Sciences
11:30-12:00	<i>Integrated Approaches to health promotion for Eating Disorders</i> (workshop 30 min.)	Enock-Chido Muswizu Hannover University of Applied Sciences and Arts, Germany
12:00-13:00	<b>Lunch break</b> 	
<b>Chair: Antonio Gonzalez Trujillo and Dr. M<sup>a</sup> Teresa Arbós Berenguer</b>		
13:00-14:00	<i>Physiotherapy and Nursing. So far, so close!</i> (workshop, 1h)	Dr. Jesús Molina Mula, Dra Elisa Bosch Donate, Dr. Antonio González Trujillo, Dra Maria Teresa Arbós Berenguer University of Balearic Islands, Palma de Mallorca, Spain
14:00-15:30	<i>Sustaining the Global Environment: The Role of the Health Care Sector in the Context of Sustainability, Climate Change and Health</i> (workshop, 1.5 hours)	Isabell Eichmann, Joana Luisa Fahrner, Pascal Forgo, Ximena Alexandra Gonzales Chavez, Erik Jacob Boy-Samuel Savastano, Dennis Schmidt, Claudia Stephanie Voegele Esslingen University of Applied Sciences, Germany
19.00-21.00	<b>Farewell Party in Polish dumpling restaurant <i>Stary Młyn</i></b>	ul. Zamkowa 7, 61-768 Poznań  
<b>Day 5. FRIDAY 19.05.2023</b>		
Venue: Medical Biology Centre, 8 Rokietnicka Street in Poznan, room 1010 (ground floor)		
<b>Chair: Dr. Sigrid Van den Branden and Dr. Fien Waeterloos</b>		
9:00-9:15	<i>Awareness of the potential of social networks in promoting health - a first step towards making their use more efficient</i> 15 min	Dr. Florin Leasu and Prof. Liliana Rogozea Transylvania University of Brasov
9:15-9:45	<i>Preventing Malnutrition in Hospitals</i> (30 min.)	Prof. Reinhold Wolke Esslingen University of Applied Sciences, Germany
9:45-10:30	<i>Discover a tool to create interdisciplinary and innovative solutions for health challenges to become a Healthy University</i> (45 min.)	Dr. Sigrid Van den Branden and Dr. Fien Waeterloos HoWest, Hogeschool West-Vlaanderen, University of Applied Sciences, Belgium
<b>10.30-10:45</b>	<b>Coffee break</b> 	

10:45-11:00	<i>Harnessing the Power of Social Media to Promote Health - A Goal in Education and Health Assurance for Young Generation (15 min.)</i>	Prof. Liliana Rogoza and Dr. Florin Leasu Transylvania University of Brasov
11:00-11:30	<i>From individualism towards individualistic behaviour: An pedagogical/educational problem and task (30 min.)</i>	Dr. Frans Vergeer and Mūcan Benli Fontys University of Applied Sciences, Tilburg, Netherlands
11:30-11:45	<i>How oral health affects your general health (15 min.)</i>	Prof. Elżbieta Paszyńska Poznan University of Medical Sciences
11:45-12:00	Coffee break 	
<b>Chair: Dr Ewelina Chawłowska and Prof. Jan Domaradzki</b>		
12:00-13:00	Conclusions and closing ceremony 